

Foundation Stage Curriculum Overview						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Basic Moves (Coordination / Agility)	Dance	Throwing, Catching Sending and Receiving	Athletics (Races and Relays)	Balanceability – Bike Riding (Balance / Coordination / Agility)	Games (Team Games)
Year R	Dance	Basic Moves (Coordination / Agility)	Throwing, Catching Sending and Receiving	Games (Throwing, Catching Sending and Receiving)	Balanceability – Bike Riding (Balance / Coordination / Agility)	Games (Team Games)

Key Stage 1 Curriculum Overview						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Dance	Gymnastics (Balances and Rolls)	Throwing, Catching Sending and Receiving	Games (Striking and Fielding)	Balanceability – Bike Riding (Balance / Coordination / Agility)	Games (Team Games)
Year 2	Agility, Balance Coordination	Games (Throwing, Catching Sending and Receiving)	Games (Multi Skills)	Games (Agility, Dodging, Skills)	Balanceability – Bike Riding (Balance / Coordination / Agility)	Tennis
	Dance	Gymnastics (Balances and Rolls)	Dodgeball	Games (Striking and Fielding)	Athletics (Races and Relays)	Games (Team Games)

Key Stage 2 Curriculum Overview						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Tennis	Gymnastics (Routines)	Basketball	Volleyball	Hockey	Athletics (Track and Field)
	Dance	American Football	Tag Rugby	Orienteering	Dodgeball	Tri Golf
Year 4	Tennis	Gymnastics (Routines)	Basketball	Volleyball	Hockey	Athletics (Track and Field)
	Dance	American Football	Tag Rugby	Orienteering	Dodgeball	Tri Golf
Year 5	Tennis	Gymnastics (Routines)	Basketball	Volleyball	Hockey	Athletics (Track and Field)
	Dance	American Football	Tag Rugby	Orienteering	Rounders	Cricket
Year 6	Tennis	Gymnastics (Routines)	Basketball	Volleyball	Hockey	Athletics (Track and Field)
	Dance	American Football	Tag Rugby	Orienteering	Rounders	Cricket